

# FOUNDATIONAL WEALTH WORKSHEET

**Foundational Wealth** is the currency you value at the deepest level, and if you're honest with yourself about your personal definitions of **Foundational Wealth**, you can more precisely and consistently trace individual goal motivations to their deeper roots. This will help you to better understand your goals and decisions, and make intentional choices that serve those motivations. This exploration can be both immensely valuable and humbling.

More information about **Foundational Wealth** can be found on pages 13 through 17 in **Foundations of Execution**. The following worksheet will help you explore this concept.

What are your definitions of **Foundational Wealth**? Most don't tend to think about this too often or too deeply, so it can be difficult to get started. Here you'll find some questions to help prime your reflection; think about these questions on the scale of your entire life and being, and answer them without any specific goals in mind.

*What are you doing at your happiest?*

*What would you do if you never had to earn money again? Why?*

*Of what accomplishments are you most proud? Why?*

*Of what attributes, traits, or characteristics are you most proud? Why?*

*How do you want to be remembered? Why?*

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*If you could affect or help two groups of people, who would they be? Why? (Interpret groups in any way you'd like.)*

*Who is dependent on you, and in what contexts?*

*What do you like and dislike about the nature of that relationship?*

*To whom (or what) do you currently have to answer?*

*To whom are you accountable?*

*What did you want to do when you were five? Ten? Seventeen? Do you still feel a connection with those desires, forged from a more innocent mindset?*

*Think of individuals you admire; what about their lives, ideals, or careers do you see as worthy of admiration? What do you think **Foundational Wealth** might mean to those individuals?*

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With these questions answered, define both self-focused and externally-focused definitions of **Foundational Wealth**.

## Self-Focused Definition

Your self-focused definition should seek to furnish you with aspects of the life you imagined when answering questions like, *What are you doing at your happiest?* and *What would you do if you never had to earn money again?*

## Externally-Focused Definition

Your externally-focused definition should describe ways in which you'd like to contribute to a larger purpose. It should seek to furnish you with aspects of the life you imagined when answering questions like, *Of what accomplishments or characteristics are you most proud?* *How do you want to be remembered?* and *If you could affect or help two groups of people, who would they be?*